

# REVISION: Strategies for Success

## ADOLYGU: Dulliau Llwyddo

### 1. DON'T just read- DO SOMETHING!

*PEIDIWCH â darllen yn unig- GWNEWCH RYWBETH!*

### 2. Make notes:

*Gwnewch nodiadau:*

\* *downsize* > *Cwtogwch*

\* *condense* > *Symleiddiwch*

\* *make notes shorter* > *Gwnewch nodiadau byrion*

### 2. Use bullet points: *Defnyddiwch bwyntiau bwled:*

or letters: *neu lythrennau: A. B. C.*

or numbers: *neu rifau 1. \_\_\_\_\_*

2. \_\_\_\_\_

### 4. Use different colours:

*Defnyddiwch wahanol liwiau:*

### 5. Draw diagrams, symbols or pictures:

*Tynnwch luniau deigramau, symbolau neu luniau:*

### 6. Present the information in a different way:

*Arddangoswch y wybodaeth mewn gwahanol ffyrdd:*

### 7. Look at the information in different forms:

*Edrychwch ar y wybodaeth mewn gwahanol ffurfiau:*

*Your notes*

*Textbooks*

*Revision Guides*

*Websites*

*Eich nodiadau*

*Gwers lyfrau*

*Canllaw adolygu*

*Gwefannau*

8. Make **associations** or **links** all the time to help you remember.  
*Gwnewch gysylltiadau bob amser i'ch helpu i gofio.*

**Use your imagination!**  
**Defnyddiwch eich dychymyg!**

9. Turn the information into a **rhyme**, **song**, or **listen to music**.  
*Trowch y wybodaeth yn odl, gân neu gwrandewch ar fiwsig.*

10. **Tell** someone else what you have learnt.  
- talking about it helps.

*Dywedwch wrth rywun arall beth rydych chi wedi'w ddysgu.*  
- *mae siarad amdano'n helpu.*

11. **Repeat & Review** - you need to see something **5 times** before it is remembered for ever!

1x **The first time you do something**      2x **Revising for an end of unit test**      3x  
**Looking at information in a different way**      4x **Making revision notes & pictures**      5x  
**Reading your revision notes just before an exam**

*Ail-adrodd a Myfyrio - mae'n rhaid i chi weld rhywbeth 5 gwaith cyn i chi fedru ei gofio am byth!*

1x **Y tro cyntaf i wneud rhywbeth**      2x **Adolygu am brawf diwedd uned**      3x  
**Edrych ar y wybodaeth mewn ffordd wahanol**      4x **Gwneud nodiadau adolygu neu luniau**      5x **Darllen eich nodiadau cyn arholiad**

12. **Rest - 'Little rests help you best!'**

- taking short breaks helps your memory.  
(About 15 minutes for every hour that you study.)

*Seibiant- 'Mae seibiant bach yn help mawr!'*

- *Mae cymryd seibiant bach yn helpu eich cof.*  
(tua 15 munud am bob awr o adolygu.)